

	s	m	l
oat meal porridge	2.75	3.75	4.85
5grain coconut porridge	2.85	3.85	4.95
greek or coconut yoghurt	3.75	4.50	5.70

pastries

butter croissant, pain au chocolate			1.20
almond croissant			2.50
butter croissant			2.50
filled with house made tomato chutney, sliced tomato and cheddar cheese			

sourdough toast

with smashed avocado, lemon and chilli			4.50
with house made baked beans (vegan)			4.50
with mixed mushrooms, garlic, soy and thyme			4.50
+ poached egg			1.00
+ smoked salmon			3.50
+ spicy chorizo			
+ swap sourdough for croissant			
seasonal fruit salad pot			2.50
carrot cake overnight oats			2.50
strawberry cheesecake overnight oats			2.50
yoghurt pot			2.95
with blueberry compote and coconut granola			
fresh orange juice			2.00
fresh apple juice			2.00

Butterscotch